



# SHEPARD THERAPY CENTER

**Dr. Sean Shepard, PT, DPT, OT/L**

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Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Physician's Name: \_\_\_\_\_ Follow-up Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Diagnosis: \_\_\_\_\_

Patient can be reached for an appointment at: PH# \_\_\_\_\_

**This order is for:**     **Physical Therapy**     **Occupational Therapy**

Frequency of Treatment: \_\_\_\_\_ x per week for \_\_\_\_\_ weeks

**Evaluate and treat at therapist's discretion**   

Check specific modalities and treatments if desired:

**Modalities**

- Laser
- Ultrasound
- Electrical Stimulation
- Iontophoresis
- Traction
- Heat/Cold

**Exercises**

- Strength/Endurance Training
- Stabilization Program (Cerv, Thor, Lumb)
- AROM
- AAROM
- Home Program
- Functional Training

**Sport Specific Rehabilitation & Training**

- Sport: \_\_\_\_\_

**Manual Therapy**

- Joint Mobilization
- Spinal Mobilization
- Soft Tissue Mobilization
- PROM
- Scar Massage

**Vestibular Rehabilitation**

- BPPV
- Balance Training

**Gait Training**

- Orthotic Fit/Training
- Alter G
- Weight Bearing Instructions  
\_\_\_\_\_ % unweighting

**Other/Precautions:** \_\_\_\_\_

I hereby certify that this Physical/Occupational Therapy is medically necessary for this patient's wellness.

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Today's Date

**THANK YOU FOR YOUR REFERRAL!**

**PLEASE FAX THIS FORM TO 912-632-6322**